

ADDITIONAL CLASSES and PROGRAMS at NOZOMI AQUATIC CENTER

AQUA FIT DEEP: Uses deep water jogging and exercises to challenge and strengthen the entire body including the core. This class is held in 6-12 feet of water, in a vertical position, feet not touching the bottom to improve overall fitness. Flotation belts, noodles and other equipment are used but comfort in the water is recommended.

Resident fee: \$35 Non-resident fee: \$48
Drop-in fee: \$5 Drop-in Non-resident fee: \$7

Location: Nozomi Aquatic Center

2017.346	Tu/Th	6/3-6/26	8-8:50 p.m.	16 yrs+
2017.746	Tu/Th	7/8-7/31	8-8:50 p.m.	16 yrs+

JUNIOR LIFEGUARDING

Please see page 20 for course description.

Resident fee: \$57 Non-resident fee: \$74

Location: Nozomi Aquatic Center

2074.342	Tu/Th	6/10-26	6-8 p.m.	11-15 yrs
2074.742	Tu/Th	7/8-24	6-8 p.m.	11-15 yrs

GUARD START PROGRAM

Please see page 20 for course description.

Resident fee: \$47 Non-resident fee: \$64

Location: Nozomi Aquatic Center

2075.346	M-Th	6/16-6/26	10-11 a.m.	9-10 yrs
2075.744	M-Th	7/14-7/24	10-11 a.m.	9-10 yrs

LEARN TO DIVE

NEW!

Dive into something new! Learn the positions and fundamentals of spring-board diving in a fun and safe environment. The class will focus on basic board-work technique, entry work, and skill development on a one-meter diving board.

Instructor: Aquatics staff Instructor fee: \$60 Instructor fee: \$81

Resident fee: \$12 Non-resident fee: \$21 USA Diving fee: \$12*

Location: Nozomi Aquatic Center

2040.744	Tu/Th	7/15-7/31	10-11 a.m.	8-18 yrs
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ADVANCED SPRINGBOARD DIVING

NEW!

This class is for diving students who have already completed a series of introductory diving lessons. Divers will learn back, inward, reverse, and twisting/flipping dives on a one-meter diving board. Class Prerequisite: Must be able to perform a hurdle, tuck, and pike dive.

Instructor fee: \$60 Instructor fee: \$81

Resident fee: \$12 Non-resident fee: \$21 USA Diving fee: \$12*

Location: Nozomi Aquatic Center

2040.746	Tu/Th	7/15-7/31	11 a.m.-noon	12 yrs+
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**USA Diving fee must be paid BEFORE the first day of class to participate. Complete your membership application online at <https://webpoint.usadiving.org/wp/Memberships/Join.wp> and select "Limited Athlete Membership." Please submit a copy of your completed membership directly to the instructor Rachel Herpin at rachel.herpin@me.com. This limited membership is valid for one year and only needs to be purchased once.*

MESQUITE GROVES AQUATIC CENTER



5901 S. HILLCREST DR. • 480-782-2635/2636

DAILY ADMISSIONS FEES

Children (2-17 yrs).....	\$1
Adult (18-54 yrs).....	\$2.25
Senior (55 yrs+).....	\$1.25
Lap Swim Fee (regardless of age) \$2	Annual Lap Swim Pass \$200
Family Season Pass for Family of 4* (valid March-Nov.)	\$112
Additional family members*	\$15
Punch Passes*	5 punches 20 punches 30 punches
Child	\$2.50 \$10 \$15
Adult	\$7.50 \$30 \$45

**Passes are only available for Chandler residents, proof of residency required at time of purchase.*

Pre-Season Hours:

April 28-May 18	Tuesday-Friday	10 a.m.-1 p.m. ♦, 4-7 p.m. ♦♦
	Saturday-Sunday	Noon-5 p.m.
	<i>Sundays from Noon-2 p.m. is \$1 Family Swim</i>	
May 19-23	Monday-Friday	10 a.m.-1 p.m. ♦, 4-7 p.m. ♦♦
May 24-26 (Memorial Day Weekend)		Noon-5 p.m.

Seasonal Hours:

May 27-July 20	Monday-Thursday	10 a.m.-5 p.m.
	Monday & Wednesday	7-9 p.m.
	Friday	11 a.m.-8 p.m.
	<i>Free Swim on Friday from 6-8 p.m.</i>	
	Saturday	11 a.m.-6 p.m.
	Sunday	Noon-6 p.m.
	<i>From Noon-2 p.m. is \$1 Family Swim</i>	

Post-Season Hours:

July 21-Sept. 1	Monday-Friday	10 a.m.-1 p.m. ♦, 4-7 p.m. ♦♦
	Saturday-Sunday	Noon-5 p.m.
Aug. 30-Sept. 1 (Labor Day Weekend)		Noon-5 p.m.

Daily operational hours will continue through November.



May 11 - **Mother's Day: Free admission for Moms**
 June 15 - **Father's Day: Free admission for Dads**

♦**Play Structure Only.** This includes the SCS interactive play feature and zero depth area

♦♦**Play Pool Only.** This includes the SCS interactive play feature and zero depth area, water vortex, water slides and lazy river

MESQUITE GROVES ONLY PASS PRIVILEGE HOLDER PROGRAM

Beginning March 8, we will be forming a separate admission line for all punch pass and season pass holders.

This program allows our guests into Mesquite Groves Aquatic Center quicker on a hot summer day. The program rules are as follows:

1. A Pass Holder Privilege line will be available to current pass holders (punch pass or season pass only) during the times listed below:
 - a. Pre-season: March 8 to May 26; Saturday and Sunday, Noon-1 p.m.
 - b. Peak season: May 27 to July 20; Monday-Thursday, 10-11 a.m.; Friday and Saturday, 11 a.m.-Noon; Sunday, Noon-1 p.m.
2. If you would like to purchase a pass you must wait in the regular admission line. Punch passes and season passes are only available to Chandler residents.
3. If the facility reaches capacity within the first hour of the day - admission will alternate between those in the admission line and those waiting in the pass holder line.
4. This service is only available at Mesquite Groves Aquatic Center. Our other five facilities continue to provide one line for admission.

mesquite GROVES SWIM LESSONS

Promotes Fitness!

SESSION 1 - Weekday - Morning & Evening: June 2 - 12 8 days: M-Th for two weeks														
Resident Registration: May 3 - June 1, 2014 Non-resident Registration: May 9 - June 1, 2014														
Resident \$15.55 per session Non-resident \$21.55 per session						Resident \$19.55 per session Non-resident \$26.55 per session								
25-minute classes						50-minute classes								
Time	Parent-Infant	Parent-Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
8 a.m.			2001.300	2002.300	2003.300	2010.300		2005.300		2007.300	2008.300			
8:30 a.m.			2001.301	2002.301	2003.301									
9 a.m.		2012.302	2001.302	2002.302		2010.302	2004.302	2005.302	2006.302					
9:30 a.m.	2000.303		2001.303	2002.303										
5 p.m.			2001.390**	2002.390**	2003.390		2004.390	2005.390	2006.390					
5:30 p.m.			2001.391	2002.391**	2003.391**									
6 p.m.	2000.392		2001.392	2002.392	2003.392**	2010.392	2004.392							2016.392
6:30 p.m.		2012.393	2001.393	2002.393**	2003.393									

** Indicates two classes are offered at this time.

SESSION 2 - Weekday - Morning & Evening: June 16 - 26 8 days: M-Th for two weeks														
Resident Registration: May 3 - June 15, 2014 Non-resident Registration: May 9 - June 15, 2014														
Resident \$15.55 per session Non-resident \$21.55 per session						Resident \$19.55 per session Non-resident \$26.55 per session								
25-minute classes						50-minute classes								
Time	Parent-Infant	Parent-Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
8 a.m.			2001.500		2003.500	2010.500		2005.500	2006.500	2007.500		2009.500		
8:30 a.m.				2002.501	2003.501									
9 a.m.		2012.502	2001.502	2002.502		2010.502	2004.502	2005.502	2006.502					
9:30 a.m.	2000.503		2001.503	2002.503										
5 p.m.			2001.590	2002.590**	2003.590			2005.590	2006.590		2008.590			
5:30 p.m.			2001.591	2002.591	2003.591**									
6 p.m.	2000.592		2001.592	2002.592	2003.592	2010.592**	2004.592							
6:30 p.m.		2012.593	2001.593	2002.593	2003.593									

** Indicates two classes are offered at this time.

SESSION 3 - Weekday - Morning & Evening: June 30 - July 10 8 days: M-Th for two weeks														
Resident Registration: June 25 - 29, 2014 Non-resident Registration: June 27 - 29, 2014														
Resident \$15.55 per session Non-resident \$21.55 per session						Resident \$19.55 per session Non-resident \$26.55 per session								
25-minute classes						50-minute classes								
Time	Parent-Infant	Parent-Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
8 a.m.				2002.700	2003.700	2010.700			2006.700	2007.700	2008.700	2009.700		
8:30 a.m.			2001.701		2003.701									
9 a.m.		2012.702	2001.702			2010.702	2004.702	2005.702		2007.702	2008.702			
9:30 a.m.			2001.703	2002.703										
5 p.m.				2002.79**	2003.790**			2005.790	2006.790	2007.790				
5:30 p.m.			2001.791	2002.791**	2003.791									
6 p.m.			2001.792**	2002.792**	2003.792	2010.792	2004.792							
6:30 p.m.		2012.793	2001.793	2002.793	2003.793**									

** Indicates two classes are offered at this time.

SESSION 4 - Weekday - Morning: July 14 - 17 4 days: M-Th for one week														
Resident Registration: July 9 - 13, 2014 Non-resident Registration: July 11 - 13, 2014														
Resident \$15.55 per session Non-resident \$21.55 per session						Resident \$19.55 per session Non-resident \$26.55 per session								
25-minute classes						50-minute classes								
Time	Parent-Infant	Parent-Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
8 a.m.				2002.800	2003.800	2010.800		2005.800	2006.800	2007.800		2009.800		
8:30 a.m.			2001.801		2003.801									
9 a.m.		2012.802	2001.802			2010.802	2004.802	2005.802			2008.802		2011.802	
9:30 a.m.				2002.803**										

** Indicates two classes are offered at this time.

SESSION 4 - Weekday - Evening: July 14 - 24 8 days: M-Th for two weeks														
Resident Registration: July 9 - 13, 2014 Non-resident Registration: July 11 - 13, 2014														
Resident \$15.55 per session Non-resident \$21.55 per session						Resident \$19.55 per session Non-resident \$26.55 per session								
25-minute classes						50-minute classes								
Time	Parent-Infant	Parent-Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
5 p.m.			2001.890	2002.890	2003.890	2010.890	2004.890		2006.890	2007.890				
5:30 p.m.			2001.891	2002.891	2003.891									
6 p.m.			2001.892	2002.892**	2003.892	2010.892		2005.892			2008.892			
6:30 p.m.		2012.893	2001.893	2002.893	2003.893									

** Indicates two classes are offered at this time.

Please see page 21 for course descriptions.

mesquite GROVES SWIM LESSONS

Promotes Fitness!

SESSION 5 - Weekday - Evening: July 28 - August 7 8 days: M-Th for two weeks														
Resident Registration: July 23 - 27, 2014 Non-resident Registration: July 25 - 27, 2014														
Resident \$15.55 per session Non-resident \$21.55 per session					Resident \$19.55 per session Non-resident \$26.55 per session									
25-minute classes					50-minute classes									
Time	Parent-Infant	Parent-Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
5 p.m.			2001.090	2002.090	2003.090			2005.090	2006.090	2007.090		2009.090		
5:30 p.m.				2002.091	2003.091**									
6 p.m.			2001.092	2002.092		2010.092	2004.092	2005.092			2008.092	2009.092		
6:30 p.m.		2012.093			2003.093									

** Indicates two classes are offered at this time.

SESSION 5 - Saturday - Morning: August 9 - 30 4 days: Saturdays for four weeks														
Resident Registration: July 30 - August 8, 2014 Non-resident Registration: August 1 - 8, 2014														
Resident \$9.55 per session Non-resident \$13.55 per session					Resident \$13.05 per session Non-resident \$17.55 per session									
25-minute classes					50-minute classes									
Time	Parent-Infant	Parent-Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
9 a.m.			2001.102	2002.102	2003.102		2004.102	2005.102	2006.102					
9:30 a.m.			2001.103	2002.103	2003.103									
10 a.m.				2002.104	2003.104	2010.104**			2006.104		2008.104			
10:30 a.m.	2000.105		2001.105											
11 a.m.			2001.106	2002.106	2003.106	2010.106		2005.106		2007.106				
11:30 a.m.		2012.107		2002.107	2003.107									

Please see page 21 for course descriptions.

ADDITIONAL CLASSES and Programs at mesquite GROVES

NIGHT OWL LAP SWIM AT MESQUITE GROVES AQUATIC CENTER MONDAY – THURSDAY FROM 7-9 P.M.

The City of Chandler encourages fitness through swimming. The intent of this program is to provide an adult lap swim fitness program. However, circumstance may allow some youth and teens to participate. All children under the age of 15 will be asked to complete a 500 yard continuous (no stopping) swim test and have a swimming ability equivalent to the American Red Cross Level VI or the City of Chandler's Marlin's level.

There will be no lap swimming on the following holidays:

- Monday, May 26, 2014 – Memorial Day
- Monday, September 1, 2014 – Labor Day

AQUA FIT DEEP: Uses deep water jogging and exercises to challenge and strengthen the entire body including the core. This class is held in 6-12 feet of water, in a vertical position, feet not touching the bottom to improve overall fitness. Flotation belts, noodles and other equipment are used but comfort in the water is recommended.

tAQUAa SHALLOW: Aqua + Tabata = tAQUAa! This course is based off of the Tabata workout which uses High Intensity Interval Training to improve cardiovascular and metabolic systems. This course uses the natural resistance of shallow and deep water* to provide power moves without impacting joints. tAQUAa offers a balanced emphasis on cardio, strength, and the core throughout the session (3.5 to 5 ft. deep).

Resident fee: \$35 Non-resident fee: \$48
Drop-in fee: \$5 Drop-in Non-resident fee: \$7

Drop-in participation is limited due to class size. Drop-in may not be accommodated if class registration is full.

Location: Mesquite Groves Aquatic Center

2017.309	Tu/Th	6/3-6/26	7-7:50 a.m.	tAQUAa SHALLOW	16 yrs+
2017.394	Tu/Th	6/3-6/26	7-7:50 p.m.	DEEP	16 yrs+
2017.709	Tu/Th	7/1-7/24	7-7:50 a.m.	tAQUAa SHALLOW	16 yrs+
2017.794	Tu/Th	7/1-7/24	7-7:50 p.m.	DEEP	16 yrs+
2017.102	Tu/Th	7/29-8/21	7-7:50 a.m.	tAQUAa SHALLOW	16 yrs+
2017.104	Tu/Th	7/29-8/21	7-7:50 p.m.	DEEP	16 yrs+

JUNIOR LIFEGUARDING

Please see page 20 for course description.

Location: Mesquite Groves Aquatic Center

Resident fee: \$57 Non-resident fee: \$74

2074.392	Tu/Th	6/10-6/26	2-4 p.m.	11-15 yrs
2074.792	Tu/Th	7/1-7/17	2-4 p.m.	11-15 yrs

GUARD START PROGRAM

Please see page 20 for course description.

Location: Mesquite Groves Aquatic Center

Resident fee: \$47 Non-resident fee: \$64

2075.304	Tu/Th	6/10-6/26	10-11:30 a.m.	9-10 yrs
2075.704	Tu/Th	7/1-7/17	10-11:30 a.m.	9-10 yrs

LEARN TO DIVE

NEW!

Dive into something new! Learn the positions and fundamentals of spring-board diving in a fun and safe environment. The class will focus on basic board-work technique, entry work, and skill development on a one-meter diving board.

Resident Instructor fee: \$60 Non-resident Instructor fee: \$81

Resident fee: \$12 Non-resident fee: \$21 USA Diving fee: \$12*

Location: Mesquite Groves Aquatic Center

2040.300	Tu/Th	6/3-6/19	8-9 a.m.	8-18 yrs
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ADVANCED SPRINGBOARD DIVING

NEW!

This class is for diving students who have already completed a series of introductory diving lessons. Divers will learn back, inward, reverse, and twisting/flipping dives on a one-meter diving board. Class Prerequisite: Must be able to perform a hurdle, tuck, and pike dive.

Resident Instructor fee: \$60 Non-resident Instructor fee: \$81

Resident fee: \$12 Non-resident fee: \$21 USA Diving fee: \$12*

Location: Mesquite Groves Aquatic Center

2040.302	Tu/Th	6/3-6/19	9-10 a.m.	12 yrs+
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**USA Diving fee must be paid BEFORE the first day of class to participate. Complete your membership application online at <https://webpoint.usadiving.org/wp/Memberships/Join.wp> and select "Limited Athlete Membership." Please submit a copy of your completed membership directly to the instructor Rachel Herpin at rachel.herpin@me.com. This limited membership is valid for one year and only needs to be purchased once.*

